

A regular meeting of the Board of Health for the North Bay Parry Sound District Health Unit was held on Wednesday, February 27, 2019 at 345 Oak Street West, North Bay, Ontario.

**PRESENT:**

**Nipissing District:**

Central Appointees

Stuart Kidd  
Scott Robertson  
Tanya Vrebosch  
Dean Backer  
Dan Roveda

Eastern Appointee

Western Appointee

**Parry Sound District:**

North Eastern Appointee

South Eastern Appointee

Western Appointee

**Public Appointees:**

Blair Flowers  
Marianne Stickland  
Don Brisbane (*Vice-Chairperson*)  
John D'Agostino  
Mike Poeta

**ALSO IN ATTENDANCE:**

Medical Officer of Health/Executive Officer  
Community Health Promoter, Healthy Living  
Program Manager, Healthy Living  
Master of Public Health Student

Dr. Chirico  
Erin Reyce  
Chris Bowes  
Dr. Carol Zimbalatti

**REGRETS:**

Central Appointee - Nipissing

Central Appointee - Nipissing

Provincial Appointee

Dave Butti  
Nancy Jacko (*Chairperson*)  
Gary Guenther

**RECORDER:**

Management Administrative Assistant

Sheri Beaulieu

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**1.0 CALL TO ORDER**

Don Brisbane, Vice-Chairperson, called the February 27, 2019, Board of Health meeting to order at 5:04 p.m.

The Chair asked all present to introduce themselves.

**2.0 PRESENTATION**

Chris Bowes, Program Manager from Healthy Living and Erin Reyce, Community Health Promoter, Health Living joined the Board of Health meeting to provide Board members with a presentation regarding the Cost of Health Eating 2018 Report.

The presentation provided Board of Health members with a variety of information such as pictures of the Health Unit's teaching kitchen in action providing food literacy and food safety

programming geared to priority populations and community partners, monitoring food affordability, food insecurity and health, advocacy efforts, and a look at the new Canada's Food Guide.

It was reported that the teaching kitchen is booked almost 100% of the time by the registered dietitians working group that provide training sessions for community partners, the Families in the Kitchen program, Mothercare programs, public health inspectors that provide Safe Food Handler Certification courses, and a number of community partners that lack adequate facilities to provide their programming.

Local food costs are monitored through the Nutritious Food Basket with data collected by visits to twelve grocery stores to survey the costs of sixty-seven food items consistent with the Canada's Food Guide. According to the data, the cost of healthy eating for a family of four in 2018 was \$884.00 per month. The mandatory requirement under the 2008 Ontario Public Health Standards to monitor food costs and report back to the Ministry of Health and Long-Term is no longer a requirement of the 2018 Ontario Public Health Standards, however, the Health Unit will continue to monitor food costs utilizing the Nutritious Food Basket process. Food costing was illustrated by putting it in the context of income scenarios for the Health Unit's service area.

One in seven homes in the Nipissing and Parry Sound districts are food insecure. Food insecurity is a serious public health problem because of the impacts on health and well-being.

John D'Agostino joined the Board of Health meeting at 5:16 p.m.

Health Canada has acknowledged that the recommendations in the new Canada's Food Guide may be out of reach for many low-income Canadians.

Income solutions are needed to address this issue for the long term. The Board of Health was asked to consider advocating for Bill 60: An Act to Amend the Ministry of Community and Social Services Act to Establish the Social Assistance Research Commission. Bill 60 has currently passed the first reading.

A number of questions were asked by Board of Health members that were addressed by the presenters.

Chris Bowes and Erin Reyce were thanked for their presentation and excused themselves from the Board of Health meeting at 5:41 p.m.

### **3.0 APROVAL OF THE AGENDA**

The following motion was read:

#### **Board of Health Resolution #BOH/2019/02/01 \*Kidd/D'Agostino**

***Be It Resolved***, that the Board of Health agenda dated February 27, 2019, be approved.

“Carried”

#### **4.0 CONFLICT OF INTEREST DECLARATION**

John D’Agostino declared a conflict of interest with any items related to Mindoka Corporation.

#### **5.0 APPROVAL OF PREVIOUS MINUTES**

##### **5.1 Board of Health Minutes – January 23, 2019**

The minutes from the Board of Health meeting held on January 23, 2019, were reviewed and the following motion read:

##### **Board of Health Resolution #BOH/2019/02/02 \*Kidd/Stickland**

***Be It Resolved***, that the minutes from the Board of Health meeting held on January 23, 2019, be approved as amended.

“Carried”

#### **6.0 DATE OF NEXT MEETING**

Date: April 24, 2019

Time: To be determined

Place: To be determined

Board members were advised that a meeting may be required prior to the next regularly scheduled meeting.

#### **7.0 BUSINESS ARISING**

##### **7.1 Board of Health Meeting Schedule – Revised**

A Finance and Property Committee meeting was not required for February; the following motion revising the Board of Health meeting schedule for 2019 was read:

##### **Board of Health Resolution #BOH/2019/02/03 \*D’Agostino/Kidd**

***Be It Resolved***, that in accordance with Board of Health Bylaw Section II, #18, the Board of Health approve the regular meeting schedule for the year 2019 as revised:

<b>DATE</b>	<b>MEETING</b>	<b>TIME</b>
January 23	Finance & Property Committee Board of Health Meeting	5 – 7 p.m.
February 27	<del>Finance &amp; Property Committee</del> Board of Health Meeting	5 – 7 p.m.
April 24	Personnel Policy, Labour/Employee Relations Committee Finance & Property Committee Board of Health	5 – 7 p.m.
June 26	Personnel Policy, Labour/Employee Relations Committee Finance & Property Committee Board of Health	5 – 7 p.m.
September 25	Finance & Property Committee Board of Health	5 – 7 p.m.
November 27	Finance & Property Committee Board of Health	5 – 7 p.m.
December 4	Finance & Property Committee Board of Health	5 – 7 p.m.

**And Furthermore Be It Resolved**, that the Board of Health meetings are held at the North Bay Parry Sound District Health Unit, Main Office, North Bay, with the exception of one meeting that will be held at the Parry Sound Branch Office, if possible. The Parry Sound meeting date is to be determined.

“Carried”

## 7.2 alPHA 2019 Winter Symposium Update

Board members Blair Flowers and Tanya Vrebosch attended the Association of Local Public Health Agencies (alPHA) 2019 Winter Symposium in Toronto on February 21.

A verbal overview of the one-day symposium and Board of Health orientation session was provided by the two attendees.

Topics covered at the symposium and Board of Health orientation sessions included mental health is a public health issue, alPHA’s strategic planning, and liability as a board member.

Other issues that some discussion was had included oral health for adults, needle exchange, and global warming.

Liability for board of health members was discussed in more detail. The Health Unit's audit process, policies, bylaws, and risk management processes were emphasized for Board members.

The presentations from the February 21 aPHa 2019 Winter Symposium will be shared with Board of Health members once aPHa has made them available to members.

## **8.0 REPORT OF THE MEDICAL OFFICER OF HEALTH**

Dr. Chirico presented the [Medical Officer of Health Report](#), dated February 27, 2019, to the Board of Health for information purposes.

Additional information was shared concerning Bill 74: *The People's Health Care Act, 2019* that was introduced by the provincial government on February 26, 2019. The objective of Bill 74 is to create a new model for a patient-centric integrated public health care delivery system. This new model pertains to the primary care system. Public health is not named in the Act's definition of a health service provider.

Bill 74 creates a new health agency, Ontario Health, which is intended to oversee the province's health care system, along with Ontario Health Teams who will be responsible for delivering integrated health services to ensure patient access when and where it is needed.

Further direction is expected in the spring. The Board will continued to be updated as information becomes available.

Questions, answers, and discussion surrounding Bill 74 followed.

It was suggested that draft resolutions advocating for public health be shared with member municipalities once more information is received from the province.

## **9.0 BOARD COMMITTEE REPORTS**

There were no committee reports presented.

## **10.0 CORRESPONDENCE**

Board of Health correspondence outlined under this agenda item can be viewed by Board members in the Board of Health online portal.

There was a brief discussion regarding a freedom of information request addressed to the Chairperson of the Board of Health.

## **11.0 NEW BUSINESS**

### **11.1 Healthy Eating Report 2018**

A presentation on the cost of healthy eating in 2018 was provided at the start of the Board of Health meeting. Board members were asked to consider continuing advocacy for food insecurity and support for Bill 60: *An Act to amend the Ministry of Community and Social Services Act to establish the Social Assistance Research Commission*.

The following motion was read:

#### **Board of Health Resolution #BOH/2019/02/04 \*Poeta/Roveda**

***Whereas***, The Nutritious Food Basket Survey results show that many low income individuals and families do not have enough money for nutritious food after paying for housing and other basic living expenses; and

***Whereas***, The Board of Health for the North Bay Parry Sound District Health Unit recognizes the impact of adequate income on food security and other social determinants of health; and

***Whereas***, Food insecurity rates are very high among social assistance recipients; and

***Whereas***, Bill 60 (An Act to amend the Ministry of Community and Social Services Act to establish the Social Assistance Research Commission) would help ensure social assistance rates are indexed to inflation, reviewed on an annual basis, and reflect regional costs of living including the cost of a Nutritious Food Basket; and

***Whereas***, the Ontario Public Health Standards require public health units to assess and report on the health of local populations, describing the existence and impact of health inequities;

***Therefore Be It Resolved***, That the Board of Health for the North Bay Parry Sound District Health Unit continue to support the efforts of employees and community stakeholders to reduce health inequities, including food insecurity; and

***Furthermore Be It Resolved***, That the Board of Health support Bill 60 (An Act to amend the Ministry of Community and Social Services Act to establish the Social Assistance Research Commission); and

***Furthermore Be It Resolved***, That the Board of Health provide correspondence of these resolutions to district municipalities, Ontario Boards of Health, Victor Fedeli, MPP (Nipissing), Norm Miller, MPP (Parry Sound-Muskoka), John Vanthof, MPP (Timiskaming-Cochrane), the Honourable Doug Ford (Premier), the Honourable Lisa MacLeod (Minister of Community and Social Services), the Honourable Christine Elliott (Minister of Health and Long-Term Care) and the Association of Local Public Health Agencies (alPHA).

“Carried”

### **11.2 District of Parry Sound Municipal Association 2019 Spring Meeting**

Board of Health members were provided with notice of the District of Parry Sound Municipal Association Meeting to be hosted by the Township of Machar and the Village of South River on April 26, 2019.

The following motion was read:

#### **Board of Health Resolution #BOH/2019/02/04 \*Poeta/Kidd**

***Be It Resolved***, that the Board of Health authorizes Board members to attend the District of Parry Sound Municipal Association Meeting to be held April 26, 2019, at the Machar Community Centre & Arena, 1A Lincoln Avenue, South River, Ontario; and

***Furthermore Be It Resolved***, that expenses related to attending the District of Parry Sound Municipal Association Meeting be paid in accordance with the Board of Health Remuneration Policy #B-F-004.

“Carried”

### **11.3 Fourth Quarter Income Statements – October 1 to December 31, 2018**

The fourth quarter income statements, October 1 to December 31, 2018, were provided to Board of Health members for information purposes.

Some background on the income statements was provided for the benefit of new Board of Health member.

### **11.4 Fourth Quarter Medical Officer of Health Expenses – October 1 to December 31, 2018**

The fourth quarter Medical Officer of Health expenses, October 1 to December 31, 2018, were provided to Board of Health members for information purposes.

### **12.0 IN CAMERA**

There was no in camera business to discuss.

### **13.0 ADJOURNMENT**

Having no further business, the Vice-Chairperson adjourned the Board of Health meeting at 6:49 p.m.

*Original Signed by Don Brisbane*

*2019.04.24*

Chairperson/Vice-Chairperson

Date (yyyy/mm/dd)

*Original Signed by Sheri Beaulieu*

*2019.04.24*

Sheri Beaulieu, Recorder

Date (yyyy/mm/dd)